

EVERY CHILD HAS THE RIGHT TO SPEAK UP

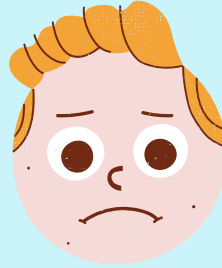
YOU CAN ASK US FOR HELP IF YOU FEEL:



worried



sick



nervous



upset



shy



unsafe



hurt



scared

- Talk to a grown up if you don't like something or if something doesn't feel OK.
- Your parent/carer can make a complaint or let us know if something isn't right.
- Children can use our feedback survey - ask us how.